



LAUREN MACKLER

Live boldly and ignite your life!

Lauren Mackler Introduction

Lauren Mackler is a world-renowned coach, speaker, host of the LIFE KEYS radio show, and creator of the Illumineering™ Coaching method. She is the author of the international best-seller, *Solemate: Master the Art of Aloneness & Transform Your Life* and co-author of *Speaking of Success* with Jack Canfield, Stephen Covey, and Kenneth Blanchard.

Over the past 25 years, Lauren has been a psychotherapist, management consultant, personal and professional coach, and a leading authority in personal transformation, professional performance, and leadership. In 2001, she founded Lauren Mackler & Associates, using her diverse expertise to offer coaching, workshops, and professional training programs that have helped people around the world create the personal and professional lives to which they aspire.

A blogger for the *Huffington Post* and her *Live Boldly* blog, Lauren is a frequent guest expert on CNN and FOX, and a subject-matter expert for the *Wall Street Journal*, *Marie Claire*, *New York Daily News*, *Whole Living*, *Ladies Home Journal*, *Parade*, and other print, television, and radio media. A passionate teacher, Lauren has served as a member of Northeastern University's executive education faculty, a guest lecturer at Canyon Ranch and Brandeis and Harvard Universities, and she is a current faculty member at Omega and Kripalu.

In 2011, Lauren launched the Illumineer™ Coach Institute, which trains and certifies professionals in the Illumineering™ Coaching method.

We're honored to have Lauren here today, to share with us the unique insights she has learned throughout her multi-faceted career.

Please help me welcome - LAUREN MACKLER!